



# Winter 2022 Newsletter

We made it through another Covid holiday season! The staff within the hospital continued to feel the community's appreciation for all their hard work and dedication. You, our donors, continue to amaze us with your generosity, allowing us to continue the work of enhancing healthcare in our community.

The **Giving Hope for Mental Health** campaign has now raised over \$175,000! Thanks to our many donors, we are thrilled to celebrate with you the following successes:

#### Inpatient Psychiatric Unit at MHRH

- First 2 mental health beds (of 31 needed) are on order
- Furniture & laundry: Patio furniture, chairs for common areas & patient rooms, washing machine, tub lift, and a refrigerator
- Custom murals with inspiring imagery of the region hand-painted by Paintergirl

#### Medicine Hat Recovery Centre

- Meditation space and outdoor pathways for peaceful walks, areas for gardening and socializing; fire tables and Adirondack chairs
- New mattresses

#### Additional Items

- Two recumbent bikes for the Inpatient Unit and PAS program
- Holiday gift bags for mental health outreach clients which included hygiene packs and additional items

**We are focusing our next efforts on creating a dedicated pediatric mental health room at the hospital.** A specialized bed has been purchased, however, there is more work to be done. If you would like to donate and have your gift matched by the Alberta government, go to [give.crowdfunding.alberta.ca](https://give.crowdfunding.alberta.ca) and search for "Giving Hope for Mental Health."



The foundation's next campaign will benefit expectant moms in our community - a **central monitoring system for Labour & Delivery**. The system will provide complete central, bedside, and remote electronic fetal monitoring. Watch for information in the upcoming months.

Thanks to donors, we also have an exciting **new program coming to Diagnostic Imaging**. While we can't announce details just yet, we look forward to sharing soon.

**Tim Horton's Smile Cookie week** continues to positively impact children's health in our community. The campaign brought in \$13,512, which was used to purchase two jaundice meters for newborn bilirubin testing. Thanks to a generous donor, an additional two jaundice meters were funded. These meters will allow the hospital and community health to continue testing babies without the need for a lab visit and needle, with the results transferred directly to the baby's computer chart.



**Kidney Care** was grateful to have items on their wish list fulfilled by two donors, including one who left a gift in their will.

- A body composition monitor which determines individual fluid status and body composition – fluid overload is a common condition for dialysis patients
- 3 dialysis treatment chairs and 4 specialty cushions for comfort
- 6 bike attachments so patients can “cycle” while undergoing treatment
- 4 portable vital signs monitors, and 4 portable pulse oximetry monitoring systems
- Stethoscopes, thermometers, and over bed tables

**Unit 2 North**, which focuses on the care and treatment of geriatric & rehabilitation patients, had a number of smaller needs funded. The unit received a new patient washer & dryer, bariatric lift, and thermometers.

**Do you have a gift for helping people?** Are you working toward fulfilling volunteer hours? Are you looking for a way to make a difference in the community beyond a monetary donation? The health foundation's Gift Shop in the hospital is in need of volunteers to help with clerk duties and other small tasks. Shifts are 3-4 hours in length. If this sounds like the position for you, email [alexa@ourhealthfoundation.com](mailto:alexa@ourhealthfoundation.com).



Did you know the Medicine Hat Health Foundation runs a **bi-weekly 50/50 raffle**? Funds raised are used to purchase equipment for the hospital. Last year our 26 lucky winners took home a combined total of just over \$73,000. Visit the Support page of our website at [ourhealthfoundation.ca](http://ourhealthfoundation.ca) to purchase tickets and for more information.



### Upcoming Events

May – We are busy planning our online auction. Keep an eye on the events page of our website for details. If you registered for last year's auction, you will receive an email once the auction site is live.

June – Teeing Off Fore Men's Health golf tournament returns to the Medicine Hat Golf & Country Club on June 20th! Registration will open soon on our website. Follow Teeing Off for Men's Health on Facebook for updates.