

# Fall 2021 Newsletter



We are back into the season of “pumpkin spice” and falling leaves. The year has been flying by, and thanks to our donors the foundation team has been busy.

Our healthcare workers have experienced a grueling year and half as Covid-19 continues to take a large space in our daily lives. Many thanks to the individuals and businesses who have purchased gift cards from our local restaurants and cafes for donation to our healthcare heroes. This show of support is very much appreciated by all.

At the end of the summer, we highlighted the hospital’s need for a new motorized exercise mat table for the therapy room in 2 North. Our Biomed department serviced the motor of the current table for 20 years before it finally gave out. Thanks to our donors who responded to this appeal, an order will soon be placed for this needed equipment.

Upon receiving the news, Maria Erb, Occupational Therapist, commented, “Wow! Thank you so much, this is great news! Having a properly working therapy bed in the 2 North therapy room is going to enable our therapy team to provide the best and safest treatment possible to our patients.”

The Giving Hope for Mental Health campaign has been in full swing since the spring. Thanks to a generous donation by Sports Connection Source for Sports, the Health Foundation is raffling off a \$1,500 Yeti package with proceeds benefiting the campaign. Who wouldn’t want to win this?!

Tickets can be purchased from Source for Sports, Royal Bank (13th Ave & downtown), Secure-IT RV & Boat Storage, through the Foundation Office and the Gift Shop at the hospital. Ticket sales close on October 29 with the draw taking place on November 5.





## CAMPAIGN UPDATE -

To date, just over \$142,000 has been raised towards the \$500,000+ goal!! While we continue to fundraise, your investment in improving mental health facilities and supports has already been put to work in the following areas:

- The Medicine Hat Recovery Centre has purchased new mattresses and has developed an all-season walking trail and an outdoor space for their clients. They will be able to make use of the grounds in their downtime; to walk, sit and read, or engage in outdoor activities while working on their programs.
- The hospital's Inpatient Psychiatric unit, 5 North, has ordered chairs so patients and their visitors can sit in comfort. A new washing machine was purchased, along with a tub lift and exercise bike. The hallway leading into 5 North will also be freshened up this month with a custom mural.
- A specialized mental health bed and mattress for pediatrics is on order.

Thank you to all the individuals and corporate donors who have made these purchases possible.

The Pain Clinic has purchased a Sonosite ultrasound thanks to donor funding. Patients receive ultrasound guided injection therapy using the Sonosite in combination with other therapies, decreasing the need for narcotics in treating chronic pain.



The foundation's Gift Shop at the hospital is a great place to purchase gifts or treats for loved ones in the hospital. Call **(403) 529-8863** to place your order and have the items delivered within the hospital. Christmas stock will be arriving soon so you can get a head start on your shopping.

Did you know that since 1997, the Health Foundation has received \$3M in estate planned gifts? If you have decided to take part in legacy giving to our foundation, we thank you in advance for your generosity, and we know you will find the heartwarming joy of helping your friends and neighbours to be unlike anything else. If you would like more information on legacy giving, contact the foundation office at **(403) 528-8133** or via email to [info@ourhealthfoundation.ca](mailto:info@ourhealthfoundation.ca).

**"When Sandra Lee Kohls passed away, her husband Larry reached out to the foundation about Sandra's last wishes. She had been an LPN in the kidney care (dialysis) area, and had invested money that would specifically go to this area in her memory. The department now has 3 new dialysis chairs and bike attachments that will be part of Sandra Lee's lasting legacy for years to come!"**

We wish you all the best of health.

**Heather Bach**  
Executive Director